



Lakeside Medical Plaza
17001 Lakeside Hills Plaza, Suite 100
Omaha, NE 68130-4670
(402) 697-7200 phone
(402) 697-7282 fax
www.awhomaha.com

Robert C. Bossert, M.D.
Erin H. Evans, M.D.
Michael R. Nabity, M.D.
Nicole A. Pearsall, M.D.
Gema T. Simmons, M.D.
Ann M. Sullivan, M.D.

I'm pregnant, what do I need to know about the COVID-19 Vaccine?

- The SARS-CoV-2 Vaccination is here.
- Experts believe that only way to end the pandemic is with an effective vaccine.
- Pregnancy is considered a high-risk condition for severe COVID-19, hospitalization, & death.
- The best approach to protect the infant is through passive placental antibody transfer from the mother prior to birth.

What we know:

- 1) The vaccine has NOT been studied in pregnant or lactating women. (At this time, pregnancy and lactation are unfortunately considered exclusions for the option to participate in vaccine studies. For this reason, there are no studies available.)
- 2) The theoretical risk of harm to the fetus from an mRNA (Pfizer, Moderna) or viral vector vaccine (Johnson & Johnson) is very LOW.
- 3) Many pregnant women have already been vaccinated.
- 4) Both the American College of OB/GYN (ACOG) and the Society of Maternal Fetal Medicine (SMFM) recommend that pregnant women should be offered the vaccine.
- 5) However, pregnant patients who decline vaccination should be supported in their decision.
- 6) The CDC has the following statement in regard to the COVID vaccine and other vaccines (influenza, Tdap): There should be a minimum interval of 14 days before or after administration with any other vaccines. However, if an mRNA COVID-19 vaccine is inadvertently administered within 14 days of another vaccine, doses do not need to be repeated for either vaccine. Additionally, if the only opportunity for vaccination occurs during this 14-day interval and you do not expect the patient to return, you may vaccinate them.

Resources:

Vaccinating Pregnant Individuals: Eight Key Recommendations for COVID 19

<https://www.acog.org/-/media/project/acog/acogorg/files/pdfs/clinical-guidance/practice-advisory/covid-19-vaccination-site-recommendations.pdf?la=en&hash=BF78692A5977EF67C2C132F9DDB5C5A3>

Maternal Immunization Task Force

<https://www.acog.org/news/news-releases/2021/02/maternal-immunization-task-force-and-partners-urge-that-covid-19-vaccine-be-available-to-pregnant-individuals>

Medical Experts Continue to Assert that COVID Vaccines Do NOT Impact Fertility

<https://www.acog.org/news/news-releases/2021/02/medical-experts-assert-covid-vaccines-do-not-impact-fertility>

<https://www.acog.org/womens-health/faqs/coronavirus-covid-19-pregnancy-and-breastfeeding>