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I'm pregnant, should I get the COVID vaccine??

- The SARS-CoV-2 Vaccination is here.
- Experts believe that only way to end the pandemic is with an effective vaccine.
- Pregnancy is considered a high-risk condition for severe COVID-19, hospitalization, and mortality.
- The best approach to protect the infant is through passive placental antibody transfer from the mother prior to birth.

This leaves numerous pregnant and lactating women wondering, "Should I get the vaccine"?

What we know:

- 1) The vaccine has NOT been studied in pregnant or lactating women. (At this time, pregnancy and lactation are unfortunately considered exclusions for the option to participate in vaccine studies. For this reason, there are no studies available.)
- 2) The theoretical risk of harm to the fetus from an mRNA vaccine is very LOW.

At this time the Society of Maternal Fetal Medicine strongly recommends that healthcare workers, who are considered prioritized for vaccination, be offered the vaccine if pregnant.

They also recommend that pregnant women have access when it becomes available for non-healthcare workers. As more data becomes available, counseling will likely change.

The American College of Obstetrics and Gynecology made the following statement: ACOG will continue to monitor data and recommendations as they become available... Once a vaccine is available, any decisions made should be based on any available data and recommendations for use in pregnancy; patients' individual risk factors and the potential benefits; and their unique needs, desires, and values.

Resources:

[https://s3.amazonaws.com/cdn.smfm.org/media/2591/SMFM_Vaccine_Statement_12-1-20_\(final\).pdf](https://s3.amazonaws.com/cdn.smfm.org/media/2591/SMFM_Vaccine_Statement_12-1-20_(final).pdf)
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